CANTEEN
Canteen will be Open Fridays. Thank you to the volunteers who helped out Jodee last week. Jodee has worked hard to fix the minor issues experienced last week. Don't forget that sushi orders are due in on Thursday. Any feedback please send Gina an email: ospandc@gmail.com

ELECTIVE SPORT
Our annual elective sport program will take place this term commencing on Friday 25th July. Our school timetable will be changed on Fridays to allow the canteen to operate smoothly and still accommodate sport for all stages.

STATE CROSS COUNTRY
Last week Mackenzey Ormiston, Charlie Ormiston and Finley Neylan represented Ocean Shores PS at State Cross Country. Mackenzey came first in her age event, Charlie came 3rd in his age event and Finley came 24th in his age group. We also had an ex Ocean Shores boy Finn Reece who came 2nd in his age group. Well done to our amazing athletes. Mackenzey is now off to Albany, Western Australia to compete in the National titles. If you can help support Mackenzey to do what she loves and run over in WA, please contact the school office.

LIVE LIFE WELL @ SCHOOL
Water (H2O)
- About two thirds of our body is water
- It carries food around our body
- It carries away waste
- It keeps our temperature steady
Drink plenty of clean, plain water: it is THE thirst quencher!

LIGHTHOUSE VALLEY DANCE FESTIVAL
Tomorrow Wednesday July 23 Ocean Shores Public School is hosting the LVLC Dance Festival. We will have over 600 people attending. The P&C are running a BBQ and café for the evening performance. It would be wonderful if every family could donate one of the following items - vegetable soup, dahl, muffins, biscuits, slice or cake (remember nut free please). All food needs to be dropped into the canteen Wednesday morning. Please also attach a list of ingredients. Thank you to those people who have already offered to help, but we still need more volunteers to help with the BBQ and canteen. Any help given between 4:30pm and 8:30pm would be greatly appreciated. Of course you will be able to watch your child perform or if your child is not performing this is a great opportunity to volunteer for a couple of hours.

This major event will take place at our school on Wednesday 23rd July. A number of schools from our local area will be involved and the Wednesday night performance will be an extravaganza. There will also be a matinee performance on the Wednesday morning. Tickets are available to purchase from the school office. $10 an adult and $5 per child.

Thank you for your support.
Donna McFadden
OSPS P&C President
ospandc@gmail.com
0439074977

QUOTE OF THE WEEK
Nothing is impossible; the word itself says ‘I’m possible!’

Thank you Mr Stephens